






# The Golden Rules


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1. I will come to work in a "fit and able" condition
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2. I will use fall protection or prevention whenever and wherever required according to our standards
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3. I will follow the lockout/ isolation procedure when working on equipment
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4. I will follow the confined space entry procedure before entering as well as during the full duration of the task
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5. I will respect all the rules of load handling at all times and never stand under a suspended load
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6. I will respect all the traffic rules
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7. I will respect rail priority and stay out of close clearance areas without proper precautions being taken
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8. I will respect the rules for entering and/or working in hazardous gas areas
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9. I will not disable safety devices
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10. I will respect all the H&S basic rules, standards and signals and I will wear the required PPE

